

SKINS & NEEDLES

TATTOO AFTERCARE SHEET

Once your tattoo is complete, your artist will wrap it with a dressing that you should leave on for 2-3 hours. You may notice blood/ink coming from the tattoo, this is completely normal and nothing to worry about. If your artist has used a protective dressing (Second Skin), please follow their advice with removal.

DO NOT LEAVE YOUR DRESSING ON ANY LONGER THAN THIS TIME.

What You Will Need To Look After Your Tattoo:

- Kitchen roll
- Cling film
- Fragrance-free mild antibacterial soap
- Selected aftercare (we recommend Butterluxe and Palmers Fragrance-Free Cocoa Butter)

Washing Procedures

1. Wash your hands with fragrance-free mild antibacterial soap and hot water
2. Remove the dressing carefully and dispose of it into a bin (dressing must always be fresh and never reused) and wash your hands again
3. Wash the tattoo thoroughly with the fragrance-free mild antibacterial soap and lukewarm water. Please only wash your tattoo with your hands and never with sponges or other cleaning materials as these can hold bacteria
4. Rinse your tattoo with cold water to help close pores, this can help prevent bacteria getting into your tattoo

Drying Procedures

5. Dry your tattoo with fresh kitchen roll only - please pat dry to prevent irritation

Aftercare Procedures

We recommend Butterluxe or Palmers Fragrance-Free Cocoa Butter only for tattoo aftercare, Butterluxe can be provided within the studio for a small cost.

6. Apply a thin layer of the aftercare to the tattooed area, if you can no longer see the tattoo clearly then too much product has been applied - this can trap bacteria and lead to infection. If too much has been applied, please remove using kitchen roll. Your aftercare is there to form a protective layer.

Repeat This Process

Repeat this process until your tattoo is fully healed, this can take 2-3 weeks. Repeat this process 2-3 times a day.

DO

- Protect your tattoo with a cover if working in a dirty/greasy/dusty environment (cling film is ideal), but make sure you change the covering regularly (every 2-3 hours) and repeat the above steps
- Wear loose clothing on the necessary area whilst healing
- Allow your tattoo to heal fully before getting tattooed in that area
- Keep your tattoo out of the sun until it is healed (no sunbathing or sunbeds!)
- Apply sunscreen to healed tattoos to prevent fading

DO NOT

- Pick or scratch your tattoo whilst it is healing
- Allow anyone to touch your tattoo
- Touch your tattoo with dirty hands
- Use sunbeds, swimming pools, go in the sea, or apply products such as fake tan

IF YOU HAVE ANY QUESTIONS, PLEASE GET IN TOUCH WITH US.

Your tattoo procedure was done with sterile and disposable equipment where possible. All needles and/or cartridges do not get removed from packaging until we begin the tattoo so you can witness that these needles are fresh and new. We are licensed with our local council as a collective, but also each artist has been on a one-on-one basis with environmental health to ensure all procedures are done safely and correctly (this includes our residents, as well as our international guest artists).

